

Postoperative instructions

1. Go home and rest for the remainder of the day.
2. Remain in the company of a responsible adult until you are fully alert. Do not perform any strenuous activity.
3. If you are hungry, a light diet should be adequate.
4. Nausea may occasionally develop after sedation. The following may help you feel better:
 - a. Lie down until you feel better.
 - b. Slowly sip a glass of cola.
5. Do not drink any alcoholic beverages.
6. Do not take any medications unless we have discussed it first.
7. Take all medications prescribed by Dr. Winchester as directed.
8. If you have any unusual problems you may call the office telephone number # 854-7448 or Dr. Winchester after hours at # 655-3029.